Distribution of monoamines and neuropeptides in the digestive system of juvenile *Cadlina laevis* (Nudibranchia)

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ABSTRACT: Whole mount preparations of juvenile *Cadlina laevis* aged 2–4 months after hatching were examined by immunocytochemistry and histochemistry in conjunction with confocal laser microscopy to study the architecture of the digestive system, its musculature and distribution in the digestive system of catecholamine-containing, 5-HT and FMRFamide-immunoreactive (im) nervous elements. The largest number of catecholamine-containing and FMRFamide-im nervous elements was found in the wall of the pharynx, the stomach and the digestive gland. The 5-HT-im innervation was observed primarily in the pharyngeal region of the digestive system. Catecholamine-containing and FMRFamide-im receptor cells were revealed in the oral velum around the mouth.


KEY WORDS: nervous system, digestive system, musculature, gastropods, immunohistochemistry, confocal microscopy, ontogeny.

Распределение моноаминов и нейропептидов в пищеварительной системе ювенильных *Cadlina laevis* (Nudibranchia)

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РЕЗЮМЕ: С помощью методов иммуноцитохимии, гистохимии и конфокальной лазерной микроскопии на толстых препаратах изучены общая организация пищеварительной системы, ее мускулатура, а также распределение в пищеварительной системе катехоламин-содержащих, серотонин- и FMRFамид-имmunореактивных (IP) нервных элементов у ювенильных моллюсков *Cadlina laevis* в период с 2 до 4 месяцев после выхода из кладки. Наибольшее количество катехоламин-содержащих и FMRFамид-IP нервных элементов было обнаружено в стенках глотки, желудка и пищеварительной железы. Серотонин-IP иннервация наблюдалась преимущественно в глоточном отделе пищеварительной системы. Выявлены также катехоламин-содержащие и FMRFамид-IP рецепторные клетки вокруг рта в оральном парусе моллюска.
Monoamines and neuropeptides in the digestive system of juvenile *Cadlina laevis*

**Introduction**

Many species of gastropods are widely used as animal models in neurobiology studies, but because of their large body size, a complex spatial arrangement of many organs, and the presence of the shell, these gastropods cannot be studied as whole-mount preparations by confocal microscopy. These complications impose a serious challenge in gathering information on the architecture of their musculature and nerve nets containing different neurotransmitters. The study of the organization and development of the visceral nervous system in gastropods and, most notably, the nervous system of their digestive tract is of particular interest. This part of the nervous system and control of the digestive processes remain almost entirely unexplored in gastropods and the majority of other invertebrates. The gastropod digestive system is innervated primarily by the visceral ganglion (or a ganglion incorporating the visceral ganglion in nudibranchs) and by the buccal ganglia, and in nudibranchs also by supplementary gastro-oesophageal ganglia of the CNS (Bullock, Horridge, 1965). Many of the regulatory cells located in the wall of the gastropod digestive tract can be cholinergic or NO-ergic, as they show acetylcholine transferase activity or NADPH-diaphorase activity, respectively (Zaitseva, Kuznetsova, 2008; Zaitseva, Markosova, 2008; Zaitseva et al., 2009). In several species of gastropods, the intestinal wall contains intraepithelial FMRFamide-im cells (Punin, 2001, Zaitseva et al., 2004).

The goal of this study was to use immunocytochemical and histochemical techniques to reveal the structure of the gastropod visceral nervous system, which regulates the functioning of the digestive system. The study was conducted on juvenile individuals of the nudibranch *Cadlina laevis*. Like slugs, the nudibranchs lack a shell, and their bodies are dorso-ventrally flattened. The mollusks selected for this study were almost completely formed individuals, but their size did not exceed 800 µm, and their bodies were almost entirely unpigmented. This made possible studying these mollusks as whole mounts by confocal microscopy and determine the spatial relationships between the musculature and nerve elements.

**Materials and Methods**

Egg masses of *Cadlina laevis* L., 1767 were collected from the White Sea near the Kartesh Biological Station of the Zoological Institute. The egg masses and hatched juveniles were maintained in the laboratory at 5–10°C. The study was conducted on the animals aged 2–4 months with a body length of 400–800 µm.

Catecholamines (CA) were revealed with the glyoxylic acid-induced fluorescence method (GIF) after De la Torre and Surgeon (1976), as modified by Zaitseva et al. (2015) and with the formaldehyde–glutaraldehyde fluorescence...
histochemical method (FaGlu) of Furness et al. (1977) in the modification of Voronezhskaya et al. (1999). For the GIF staining, live juveniles were incubated in the GIF medium (1 M glyoxylic acid Sigma #G10601, 1 M sodium bicarbonate, 0.3 M sucrose, 0.1 M HEPES, pH 7.4) for 1 h at 4 °C, dried for 10 min at room temperature (RT), then for 30 min at 60 °C, and finally mounted in paraffin oil. For the FaGlu method, mollusks were fixed in 4% PFA and 0.5% of glutaraldehyde in 0.01 M PBS, pH 7.4, for 2 h at RT. Then the mollusks were placed on a slide, dried for 1 h at RT under a ventilator, and mounted in paraffin oil. The preparations were viewed on a Leica DM 4000B fluorescent microscope (Leica E4 filter cube) and on a Leica TCS SP5 confocal microscope (405 nm laser) at the “Taxon” Research Resource Center (Zoological Institute RAS, Saint-Petersburg). Yellow fluorescence characteristic of serotonin (5-HT) was absent under wide-field fluorescence microscopy. This raised the possibility that fluorescence revealed by confocal microscopy was caused by the presence of catecholamines. For this reason, we used immunocytochemical staining to visualize 5-HT.

For immunohistochemical studies, the mollusks were fixed in 2% PFA for 30 min at room temperature (RT), then rinsed and permeabilized 3 times for 20 min in 0.3% Triton X-100 in 0.01 M PBS (PBST). Non-specific antibody binding was blocked with 2.5% bovine serum albumin in PBST (PBST-BSA), 30 min at RT. After that, the mollusks were incubated for 20–30 h at RT in primary antibodies against FMRFamide (Immunostar, #20091, 1:600 in PBST-BSA) or 5-HT (Immunostar, #20080, 1:700 in PBST-BSA), rinsed in PBST-BSA (3 × 30 min, RT) and incubated with secondary antibodies (24 h, RT) conjugated to Chromeo 488 (Abcam, #ab60314, 1:500 in PBST-BSA) or Alexa Fluor 633 (Molecular Probes, #A21071, 1:250 in PBST-BSA). To reveal muscles (F-actin), the mollusks were transferred from secondary antibodies to 22 nM phalloidin (Alexa Fluor 546 phalloidin, Molecular Probes, #A22283) in PBS and stained for 2.5 h at RT. After staining, the mollusks were rinsed in PBS (2 × 15 min) and mounted in 80% glycerol in PBS. Staining specificity was checked by excluding primary antibodies. The preparations were viewed with a Leica TCS SP5 confocal microscope at the “Taxon” Research Resource Center.

**Results and Discussion**

The juveniles of *C. laevis* have essentially completely formed nervous and digestive systems and all major sensory organs: rhinophores, eyes, and statocysts. Their brain includes all ganglia present in adult animals. The juvenile mollusks, however, have a number of morphological differences from adults in the architecture of individual organs, their proportions, and arrangement. They still lack well-developed gills and branchial cavity, and the anus retains its ventral position underneath the notum. The pharynx is disproportionally large and occupies approximately one-third of the body volume (Figs 1, 2A). Although the pharyngeal apparatus of the juveniles has a substantial size and well-developed musculature, it is probably not yet completely functional, because the jaws and the radula are only beginning to develop.

The digestive system consists of a mouth, mouth tube, massive radular sac of the pharynx, esophagus, stomach, digestive gland (liver) and intestine ending with an anus (Figs 1, 2A). The musculature in the walls of the digestive tract is composed of sparse circular and longitudinal fibers. In older juveniles, the fibers become more numerous, especially in the stomach, which has a complex shape. Continuous muscle layers (inner longitudinal and outer circular) are observed only in the radular sac (Fig. 2A, B). Three sphincters are present: around the mouth and the anus, and between the mouth tube and the radular sac (Figs 1, 2B).

FMRFamide, which is a very common neuropeptide in mollusks and other invertebrates (Punin, 2001; Voronezhskaya, Croll, 2016), is revealed in *C. laevis* in numerous peripheral nerves, in the neuropile of all CNS ganglia and in some neurons of cerebral, pleural and pedal ganglia (Fig. 2C). FMRFamide has an irregular distribution in the perikarya of most CNS neu-
Fig. 1. Diagram of the gross anatomy of the digestive system and its location in the body of a juvenile *Cadlina laevis*.

Abbreviations: a — anus; bw — body wall; dg — digestive gland; es — oesophagus; in — intestine; j — developing jaws; m — mouth; mb — muscle bundles anchoring the digestive organs to the body wall; mt — mouth tube; r — juvenile radula; rs — radular sac; s — stomach; spa — anal sphincter; spo — oral sphincter; spp — pharyngeal sphincter. Scale bar 50 µm.

**Monoamines and neuropeptides in the digestive system of juvenile *Cadlina laevis***

It is often found only in the area of the axonal hillock or predominantly to one side of the nucleus in the cytoplasm of the perikaryon. In these instances, perikarya are not stained completely (Fig. 2C).

FMRFamide-im neurites are observed in double-stained (FMRFamide antibody and phalloidin) preparations in almost all parts of the digestive tract between the muscle fibers, which implicates FMRFamide in the regulation of muscle contractions in the digestive tract. FMRFamide-im is also shown for a number of neural plexuses situated directly in the digestive tract wall, especially in the wall of the stomach and the digestive gland (Fig. 2D), and for the sensory cells located around the mouth in the oral velum (Fig. 2E).

A large amount of CA is found in *C. laevis* in all CNS ganglia, connectives, commissures and nerves, including those innervating the digestive system (Fig. 3). CA-containing neurites innervate the musculature of major regions of the digestive tract. The innervation is especially evident in the muscular wall of the radular sac and mouth tube, including the oral and pharyngeal sphincters (Fig. 3A, B). CA-containing subepithelial receptor cells are localized around the mouth in the oral velum. Their shape and distribution are similar to those of the FMRFamide-im receptor cells (Fig. 2E). A small number of perikarya is situated in the wall of the digestive tract, mainly in the stomach and in the digestive gland (Fig. 3D). Based on these data and previously described localization of neurons in the wall of the digestive tract in some other gastropods (Bullock, Horridge, 1965), we suppose the existence of the intrinsic nervous system in the digestive tract of gastropods, which participates, together with the CNS, in the regulation of digestive functions. We succeeded to reveal 5-HT in juveniles by immunohistochemical methods only. The 5-HT-im elements involved in the innervation of the digestive system in *C. laevis* are much less numerous than CA-
Fig. 2. Musculature (A–B) and localization of FMRFamide (C–E) in a juvenile *C. laevis*. Maximum intensity projections of series of confocal optical sections from whole-mount preparations. A, B, D — dorsal view; C — lateral view; E — ventral view.

Abbreviations: cer.g. — cerebral ganglion; ped.g. — pedal ganglion; e — epithelium; n — notum; ne — neuron; np — neuropil; o — eye; rc — receptor cells; rh — rhinophore; rspp — region of the pharyngeal sphincter. See Fig. 1 for other abbreviations. Scale bar: A — 100 µm; B–D — 50 µm; E — 15 µm.

Рис. 2. Мускулатура (А–В) и локализация FMRFамида (С–Е) у ювенильных *C. laevis*. Проекции максимальной интенсивности серий конфокальных оптических срезов тотальных препаратов. А, В, Д — вид со спинной стороны; С — вид сбоку; Е — вид с брюшной стороны.
Monoamines and neuropeptides in the digestive system of juvenile *Cadlina laevis*

**Fig. 3.** Catecholamines in the nervous system of a juvenile *C. laevis* as revealed by GIF (A—C) or FaGlu (D) method. B and C are enlarged parts of the image A. A–D — dorsal view.

Abbreviations: buc.g. — buccal ganglion; com — commissure; con — connective; pl.g. — pleural ganglion. See Fig. 1 and 2 for other abbreviations. Scale bar: A — 50 µm; B–D — 25 µm.

The digestive system of *C. laevis* is regulated by CA-containing and FMRFamide-im neurons located both in the CNS ganglia and directly in the wall of the digestive tract. The highest number of CA-containing and FMRFamide-im nervous elements was found in the wall of the pharynx, the stomach and the digestive gland. The 5-HT-im innervation was observed primarily in the pharyngeal region of the digestive system.

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